



Aloha Campers!
To
Luau in the Woods
4-H Beginner Camp 2015

3rd, 4th & 5th grade 4-H'ers and their friends are welcome to attend!

Highland, Jackson, Pike and Scioto Counties
Elizabeth L. Evans Outdoor Education Center
Canter's Cave 4-H Camp, Inc., Jackson Ohio
June 22 - 25

Our Luau in the Woods begins on June 22nd with registration in the Main Lodge at 2:00 P.M. (No early check-in, please. Campers wishing to room with friends should plan to arrive at camp together. Campers can NOT sign other campers into their cabins.) There will not be any supervision for youth who are brought to camp early! Our Luau in the Woods will have tribes known as Tikis, Surfers, Maui's, Sea Turtles, Volcanos, and Pineapples.

Our travels end: June 25th at 9:30 A.M. Parents may pick up campers by signing them out at the main lodge after 9:00 A.M., and all campers need to be picked up no later than 10:00A.M. (Please note for the safety of our campers, they must be released to a parent or another adult with written permission.) Once at camp, campers are expected to remain at camp unless signed out by a parent or designated person with written permission.

Health Concerns:

Health Concerns - Please help us keep our camp safe and the camping experience enjoyable for all campers! All health forms should be turned in to your home county. Please indicate any special dietary needs or other special accommodations on these forms so that your county 4-H Educator can notify the Camp Program Director in advance. For the health of camp, campers, counselors and staff will all have their temperature checked upon arrival. Anyone found to have a temperature will be rechecked by the camp nurse and if found to still have a fever will not be allowed to stay at Camp. (They may return to Camp if their temperature returns to normal for 24 hours. However, they will be rechecked upon arrival.) Persons found to have head lice will also not be allowed to remain at Camp and will be sent home. Please note we will also be watching bedding and bags for bed bugs as there is an increase in the number of bed bug infestation reports in Ohio. Should your camper become ill or injured we will make every attempt to contact you by phone immediately. Please make sure the phone numbers you provide on your health forms are current, and please provide us with cell phone numbers and a back-up emergency contact number of another family member.

Please refrain from bringing any Bath & Body Works products and products that contain peanuts to camp.



Camp Bank: Campers will be required to keep all money in the camp bank. Please put **SMALL BILLS** (\$1-\$5) in your camper's bank account. Change for larger amounts is not always available. *Campers will not need large amounts of money during camp.* We will have camp T-shirts for sale during registration and again at pick-up if parents would like to purchase them. Please put your child's name on their camp shirt if you leave it at camp. The cost of a camp shirt is \$10. Snacks and drinks are also available during the week from the canteen (\$10 should be more than enough to cover any needs or wants your

child may have at camp.) *Camp is not responsible for lost or stolen money that is not placed in the bank or for camp T-shirts found with no name.*



What to Bring: Pillow, sleeping bag/bedding, dirty clothes bag, twin sheets. **Personal items** (soap, toothpaste and tooth brush, brush/comb, shampoo, bath towels, shower shoes, deodorant, etc.) outdoor clothes, swimsuit (One piece swimming suits are preferred for girls; however, two piece suits are acceptable as long as modesty of the wearer is observed. No string bikinis or suits that fasten only with a tie will be allowed), beach towels, suntan lotion, small flash light, small fan, insect repellent, water boots/shoes or old tennis shoes, (flip flops are not allowed on trails), disposable camera, jacket or sweat shirt, jeans or sweat pants, fishing or sports equipment (with camper's name on them), decorations for your cabin (best decorated cabin contest!),

What NOT to Bring:



CELL PHONES!

NO Tobacco products, alcoholic beverages, knives or firearms or other weapons, refrigerators, computer equipment, i-pods, cell phones, tablets or Wi Fi devices, non-prescription drugs, explosives, fireworks, lighters or candles, may be brought to camp. The camp director may inspect or search possessions if there is a reasonable cause to suspect a camper may possess items which could cause harm.

Strongly Discouraged Items: Lots of extra food in the cabins, anything of high value. (Camp is not responsible for lost or damaged personal belongings.) Please label disposable cameras or other such items with the camper's name.

In Case of Emergency: You may call 740-286-4058 and ask for Kathy Bruynis, Camp Program Director.

Sincerely,

A handwritten signature in blue ink that reads 'Kathy Bruynis'.

Kathy Bruynis
Extension Educator
4-H Youth Development
Highland County



CFAES provides research and related educational programs to clients on a nondiscriminatory basis. For more information: go.osu.edu/cfaesdiversity.

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2015 4-H SUMMER CAMP REGISTRATION

Held at Canter's Cave 4-H Camp
1362 Caves Road, Jackson, OH 45640



Invite your friends! You do not need to be enrolled in 4-H to attend 4-H Camp. Any age eligible youth may attend 4-H Camp.

Camp fee includes camp insurance, program \$, and a camp photo.

Name of Camper _____ Age _____ Please Circle: Male Female

Name of 4-H Club _____ County _____

Address _____
(Street or PO Box) (City) (State) (Zip)

Name of Parent/Guardian _____ Home Phone (_____) _____

In Case of Emergency. Contact:

Name _____ Relationship _____ Phone (_____) _____

(Please check mark the camp you will be attending.)

- Cloverbud Overnight Camp (Grades K-2) (fee includes 1 youth and parent)
May 30 - 31 Registration Deadline: May 21st Fee - \$55.00
Beginner Camp (3rd, 4th, 5th grades) Fee - \$136.00
June 22 - 25 Registration Deadline: June 15st Non 4-H Member Fee - \$140.00
Junior High Camp (6th, 7th, 8th grades) Fee - \$136.00
June 8 - 11 Registration Deadline: May 29th Non 4-H Member Fee - \$140.00
Teen Camp (Grades 9th - 12th) Fee - \$140.00
June 19 - 22 Registration Deadline: June 13th Non 4-H Member Fee - \$145.00

** Camp discounts apply to only those 4-H'ers who sold candy in the county 4-H candy sale. **

** Camp Discount for Participation in County 4-H Candy Sale **

For every candy bar sold, subtract 25 cents from camp fee.

Amount of candy bars sold _____ X 25 cents = \$ _____

Total Amount to Subtract from Camp Fee. [arrow icon]

Please Complete The Following:

Camp Fee Amount \$ _____

-- Discount Amount \$ _____

Total \$ Enclosed \$ _____

Advisors must verify amount of candy sold per youth by completing the "Club Member Sales Data Form" and returning it to the OSU Extension office no later than May 15, in order for 4-H'ers to receive camp discounts.

Please submit completed Camp Registration Forms and check or money order payable to:



OSU Extension, Scioto County
ATTN: Camp Registration
602 Seventh Street, Courthouse Rm 7
Portsmouth, OH 45662

If questions, please contact Jo Williams, Extension Educator, 4-H Youth Development at: 740-354-7879.

Ohio 4-H Health Statement

ALL SIDES of this form MUST be completed for each participant. Minors must have the form completed and signed by a parent/guardian. This information will be kept confidential and used only for the welfare of the participant. PRINT neatly using blue or black ink.

Participant/Member Information:

Name: _____			
(Last)	(First)	(Middle)	
Address: _____			
(Street)	(City)	(State)	(Zip)
Home Phone: _____		County: _____	
Date of Birth: _____		Male/ Female	Age (today): _____

Emergency Contact Information:

Parent/Guardian Name: _____	Parent/Guardian Cell Phone: _____
Other Contact: _____	Other Cell Phone: _____
Other Contact: _____	Other Cell Phone: _____
Physician: _____	Physician Phone: _____
Dentist: _____	Dentist Phone: _____

Health History:

Communicable Diseases:

Provide the date (approximate is acceptable) at which participant has had or was exposed to:

Chicken Pox _____ Measles _____ Whooping Cough _____
 Tuberculosis _____ Mumps _____ Other Communicable Diseases _____

Immunization/Vaccine Record:

To the best of knowledge, the participant is up-to-date on all immunizations which may include, but is not limited to: Diphtheria/Pertussis (Whooping Cough-TDAP), Polio, Measles/Rubella/Mumps (MMR), Haemophilus Influenza (HIB), Varicella (Chickenpox) that are required for school.

The participant has received a Tetanus Booster. Date of last booster: _____

If the participant is not current or up-to-date with immunizations, please complete the Ohio 4-H Immunization Exemption Form.

Medical Instructions: Medications/Allergies, Current/Past Medical Conditions: **Current Medications (Prescribed and Over-The-Counter, Current or Past Medical Treatment): (please list additional medications or needs on a separate sheet)**

Name of Medication:	Dosage:	Frequency/Instructions:



Check below if the participant is subject to any of the following conditions:

<input type="checkbox"/> Asthma Controlled? yes/no	<input type="checkbox"/> Bronchitis	<input type="checkbox"/> Cramps	<input type="checkbox"/> Fainting	<input type="checkbox"/> Heart Trouble	<input type="checkbox"/> Seizures	<input type="checkbox"/> Sore Throat
<input type="checkbox"/> Athlete's Foot	<input type="checkbox"/> Constipation	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Frequent Colds	<input type="checkbox"/> Home Sickness	<input type="checkbox"/> Sinusitis	<input type="checkbox"/> Other? _____
<input type="checkbox"/> Bed Wetting	<input type="checkbox"/> Convulsions	<input type="checkbox"/> Ear Infections	<input type="checkbox"/> Headaches	<input type="checkbox"/> Kidney Trouble	<input type="checkbox"/> Sleep Walking	_____

Allergies:

If none, please write NONE here: _____

Food allergies: _____

Medication allergies: _____

Serious Ivy, Oak or Sumac Poisoning: What is the prescribed treatment? _____

Serious bee or insect sting reactions: What is the prescribed treatment? _____

NOTE: If participant's allergy may require use of an "EPI-PEN", then the participant must provide the "Epi-Pen(s)" and discuss possible administration with health care professional upon arrival to camp.

Accommodations for Camp:

Please tell us about the accommodations your child may need at 4-H camp:

- I will be bringing medications to camp (please describe whether they require refrigeration or special storage below).
- I have dietary restrictions (describe below).
- I have limited mobility (e.g. crutches, cane, etc.).
- I have ADHD or a related attention deficit disorder; a visual, hearing, cognitive processing, reading, or a speech impairment. (describe any needs you anticipate at camp and the accommodations you typically receive at school and home below).
- I require the use of medical equipment that needs electricity (describe below).
- I require other accommodations not listed above (describe below).
- I do NOT require any special accommodations (none of the above apply to me).

Description of any past or current physical, mental, or psychological conditions requiring medication, treatment, or special restrictions or considerations while at camp: _____

Description of any camp activities from which my child should be exempted for health reasons: _____

Instructions for Medications:

All prescription drugs must be carried in the container in which they were issued (with medical orders and physician's name intact) and given to the nurse/health director. Other prescription drugs will not be accepted. Only bring the amount needed for your stay at camp.

If you need regular over-the-counter medications, they must be in the original container. Like prescription medications, these medications must be given to the nurse/health director.

All medications will be given as directed on the original package/container. If there are any dosage adjustments, you must bring signed documentation from your physician.

Check medication(s) that participant may receive if deemed necessary and administered by a health professional. Examples of brand names are given in parentheses. Generic or other name brands may be provided:

<input type="checkbox"/> Acetaminophen (ex: Tylenol)	<input type="checkbox"/> Antiseptics	<input type="checkbox"/> Diarrhea Medication (ex: Imodium)	<input type="checkbox"/> Poison Ivy Medicine (ex: Calamine Lotion)
<input type="checkbox"/> Aloe Lotion	<input type="checkbox"/> Antibiotic Ointment (ex: Neosporin)	<input type="checkbox"/> Ibuprofen (ex: Advil, Motrin)	<input type="checkbox"/> Sore Throat Medicine
<input type="checkbox"/> Antacids (ex: Maalox, Tums)	<input type="checkbox"/> Cough Syrup/Drops	<input type="checkbox"/> Insect Repellent	<input type="checkbox"/> Sun Screen
<input type="checkbox"/> Antihistamine (ex: Benadryl, Claritin)	<input type="checkbox"/> Decongestant (ex: Sudafed)	<input type="checkbox"/> Laxative (ex: Milk of Magnesia)	<input type="checkbox"/> Swimmer's Ear Medicine

Emergency Medical and Informed Consent/Camp Program Release

I understand that my child, _____ will be a participant in the Ohio 4-H program and I grant permission for him/her to participate in this program and associated activities with the exception of any restricted activities that I have listed below.

I understand that my child is not required to participate in this program, but grant my permission for him/her to do so, despite the potential risks. I recognize that by participating in this program, as with any physical activity, my child may risk personal injury, paralysis and/or death. I understand program participants will be supervised and acknowledge that the 4-H staff and volunteers, OSUE, The Ohio State University, and the 4-H Camp Site are not responsible for any potential injury or illness resulting from my child's participation. I hereby attest and verify that I have been advised of the potential risks, that I have full knowledge of the risks involved and that I assume any expense that may be incurred in the event of an accident, illness, or other incapacity, regardless of whether I have authorized such expenses.

I understand that most program activities are conducted outdoors and that wearing proper dress (e.g., rain gear, warm clothing) is an essential part of the camp safety rules and procedures. I am aware of and have discussed with my child the established safety rules and procedures.

In the case of serious illness or injury of my child, I understand that I will be notified. If I cannot be contacted, unless otherwise specified below, I grant permission to the attending medical professional to secure proper treatment, hospitalize, and/or take any other action deemed necessary for the immediate care of my child.

In consideration of the opportunity for my child to participate in this program, I, acting for my child, myself and our respective heirs, executors, administrators and assigns, agree to assume any and all risks associated with this activity and do hereby release, indemnify and hold harmless The Ohio State University, its Board of Trustees, OSUE, the Ohio 4-H program, the 4-H camping facility, and their respective officers, agents, and employees from any and all liability, damage, and/or claim of any nature resulting from or arising out of my child's participation in this program and its activities.

Restricted activities and/or special notification instructions: _____

_____.

Photo and Video Release

I give permission to The Ohio State University, OSUE, the Ohio 4-H program, and the 4-H camping facility to record and edit into video and/or photographs the likeness, voice, image and video images of my child, _____, and to use all or parts of the video or photographs in print or electronic materials for The Ohio State University, OSUE, the Ohio 4-H program, and 4-H camping facility to promote any and all public awareness for the program(s) in which my child is involved.

Parent/Guardian Printed Name

Parent/Guardian Signature

Date



Minimum Standards of Behavior for Minor Participants
Participating in Overnight Camps sponsored by The Ohio State University

Minors participating in overnight camps sponsored by Ohio State are required to conduct themselves according to the following standards of behavior. These standards operate in conjunction with the guidelines and regulations of the specific camp.

Minor participation expectations:

- Be responsible for own behavior and uphold high standards for the group and accept consequences for inappropriate behavior
- Support and abide by the group's designated leader
- Practice good citizenship, leadership and self-control
- Follow the direction of camp staff
- Demonstrate positive sportsmanship and attitudes at all times which is becoming of a leader
- Show respect to others, be courteous and respectful
- Use appropriate language at all times

The following behaviors and actions are not permitted at The Ohio state University overnight camps:

- Unsportsmanlike conduct, unethical, immoral conduct
- Improper language, e.g., profanity
- Possession or consumption of alcohol and illegal drugs, including the use of tobacco by a minor
- Possession or use of harmful objects with the intent to harm or intimidate others, e.g., weapons, fireworks
- Boys in girls rooms/restrooms and vice versa
- Destruction of property
- Violation of established curfew
- Disrespect of adults, other participants, volunteers, staff and/or those in leadership positions
- Belittling others/putting others down and being disrespectful of individuals differences
- Aggressive physical behavior, e.g., fighting
- Taking property that belongs to others
- Other conduct determined to be inappropriate for youth development by the event chair or designated Ohio State staff

Violations of the standards of behavior will be handled as follows:

1. The adult chaperone for the minor involved in the violation will be made aware of the violation.
2. The parents will be notified of the incident and actions taken. When necessary, arrangements will be made to remove the minor from the event.
3. The minor can/may be barred from participating in future Ohio State overnight camp programs.
4. When warranted (e.g., violation of law) the situation may be turned over to the appropriate law enforcement authority.

I, _____ as a participant at overnight camp _____
(name of minor, print) (name of camp, print)

have read these standards of behavior and agree to accept and follow them. I also accept the consequences for my actions if I choose not to follow the standards of behavior.

Minor signature

Date

I, we _____ have read the camp standards of behavior and support my minor's participation in the camp.
(parent/guardian, print)

Parent/guardian signature

Date

CANTER'S CAVE 4-H CAMP, INC.
Elizabeth L. Evans Outdoor Education Center

CELL PHONE/ELECTRONIC DEVICE POLICY AGREEMENT

- Campers and counselors are not allowed to bring to camp any cell phone, iPod, handheld electronic game, tablet, laptop, or other communications device capable of accessing the internet through WiFi or another external network.
- If such a device is brought to camp by either a camper or a counselor, it will be held by the County Extension Educator or Camp Director until the conclusion of camp.

I, _____, understand that I am not to bring a cell phone or other device as
(Print name of camper/counselor)
described above to camp.

_____/_____/_____
Signature of Camper/Counselor Date

Message to Parents:

We know in this high tech era that it's difficult for youth to not be in constant contact with their families and friends via Facebook, texting, or cell phone calls. However, camp is a unique experience. The camp experience helps youth develop life skills including independence and self-reliance. Among the concerns that make bringing and using cell phones and other communications devices inappropriate at camp are:

- Concern that such expensive devices will be lost, damaged, or stolen. OSU Extension, camp, and staff cannot accept responsibility for lost, stolen, or damaged items at camp.
- Inappropriate use of photo and video devices. We know from media reports that the ease of uploading *inappropriate* photos and videos is a concern. Cyberbullying is not permitted before, during, or after camp.

In addition, youth contact with home when they are suffering a temporary spate of homesickness at camp may cause the condition to worsen. We fully appreciate and respect the positive relationships our campers and counselors have with their families, but if they are to benefit fully from the camp experience, they must be encouraged to develop the skills of independence and self-reliance. If there is an emergency, or if we are concerned about the youth's well-being, we will contact the parents or guardians immediately. Campers are constantly in the company of other campers and counselors while at camp, and our camps are staffed with many caring adults, including an experienced camp nurse.

I, _____, have read the above policy and agree to the
(Print Name of Parent/Guardian)
guidelines stated, including that the cell phone or other device will be collected and held by camp staff and returned at the end of camp if the policy is violated. I understand that if there is an emergency and I need to reach my child while s/he is at camp, I may do so by contacting the camp at (740) 286-4058.

_____/_____/_____
Signature of Parent/Guardian Date

The Elizabeth L. Evans Outdoor Education Center Canter's Cave 4-H Camp

- **From Columbus:**

Follow US Route 23 (South) from Columbus to Chillicothe. Take US Route 35 (EAST) in Chillicothe towards Jackson. After about (22) twenty two miles on US Route 35 (EAST) you will come to a green and white highway sign indicating "Canter's Cave 4-H Camp 1 mile. Immediately turn LEFT onto Township Road #223 (Caves Road). Follow this road for approximately (1) one mile. Turn LEFT onto gravel drive at the Elizabeth L. Evans Outdoor Education Center Canter's Cave 4-H Camp sign. Follow gravel road to Main Lodge located at end of gravel drive.

- **From Dayton:**

Take US Route 35 (EAST) to Chillicothe. Follow directions listed above from Columbus.

- **From Cincinnati:**

Take US Route 32 (EAST) to Jackson. At the intersection of US 32 and US 35, turn (WEST) onto US 35 (toward Chillicothe). Follow US 35 for approximately five (5) miles, you will come to a green and white highway sign indicating "Canter's Cave 4-H Camp 1 mile. Immediately turn RIGHT onto Township Road #223 (Caves Road). Follow this road for approximately (1) one mile. Turn LEFT onto gravel drive at the Elizabeth L. Evans Outdoor Education Center Canter's Cave 4-H Camp sign. Follow gravel road to Main Lodge located at end of gravel drive.

