



***PLEDGE YOUR HANDS TO LARGER SERVICE AND SEW
FACE MASKS FOR MEDICAL PROFESSIONALS.***

See the next page for links and instructions.

Due to the current COVID-19 outbreak, there is a shortage of face masks for Medical Professionals. During this time, some hospitals and other Medical Professionals are using handmade masks to help extend the supply as approved by the CDC.



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Know how to sew? Pledge your hands to larger service and sew fabric face masks for Medical Professionals!

We were contacted by the Scioto County Emergency Operations Center (EOC), which is the clearinghouse for the distribution of any donated Personal Protective Equipment (PPE). The EOC will coordinate with us to pick up and distribute the face masks throughout the county. **Please email brodt-evans.1@osu.edu if you would like to be put in contact with the EOC.**

Please remember to follow social distancing practices and all State of Ohio Orders and CDC recommendations.

Helping others is a great opportunity and our priority is keeping everyone safe and healthy. We encourage you to use supplies you have at home.

Please do not put yourself at risk or in any uncomfortable situation to purchase supplies. One of the common statements we have heard is that people have the cotton but struggle to locate elastic. An alternative to using elastic is to make fabric ties. Recommendations for this are 1/4 in. fabric bias tape or tubes with all edges turned inside, placed at the corner of the mask allowing the person to tie it on with their four ties. Ties need to be long enough. An estimate we found suggests 12 inches.

There are a lot of patterns for these masks.

Here are a few links:

www.deaconess.com/How-to-make-a-Face-Mask

www.joann.com/make-to-give-response/

<https://youtu.be/9tBg0Os5FWQ>

<https://youtu.be/VgHrnS6n4iA>



How to make a Face Mask

What you will need

- Cotton fabric, a pretty print is best.
- Rope Elastic, beading cord elastic will work (you may also use 1/8" flat elastic)
- Cut the elastic 7" long and tie a knot at each end (DO NOT knot the ends if using flat elastic)

You can make two sizes: Adult or Child

- Put right sides of cotton fabric together
Cut 9x6 (Adult) or 7.5 x 5 (Child)
- Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
- Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
- Now sew across that top of the mask to the next corner. Again put an elastic with the edge out.
- Sew to the next corner and sew in the other end of the same elastic.
- Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
- Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction
- Sew around the edge of the mask twice.

Be sure any fabric design is placed horizontally.
It is so easy to make this!



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